

Sacred Heart Central School

Learn, Lead, Live

17th February 2020

Dear Parents,

Every year during Lent Catholic Schools support Project Compassion which is run by Caritas Australia. Caritas Australia's annual fundraising and awareness-raising appeal, brings thousands of Australians together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity. Running through the six weeks of Lent each year, Project Compassion is an extraordinary, ongoing demonstration of the faith, love and generosity of caring supporters, all in the name of justice and peace. Without it Caritas Australia could not do the vital work they do. In 2019 Project Compassion raised over \$12 million to help the world's poorest communities.

The theme for Project Compassion 2020 is based around working together to improve the lives of others. This year Project Compassion demonstrates how love for our neighbours can transform lives. For more than 50 years, Caritas Australia has been privileged to work together with our neighbours — our most vulnerable sisters and brothers in Australian and communities around the world. Working with our partner agencies in those communities, we have developed the strength to combat poverty, promote justice and uphold the dignity of every person.

Saint Theresa of Calcutta has said that: "Not all of us can do great things. But we can do small things, with great love"

A Project Compassion box has been attached to this note. Please encourage your children to support this cause through their contribution of whatever is manageable – a dollar each week, forgoing something that they perhaps don't really need, to give to those who are in need. Our small change can make a collective difference for others. Fasting, almsgiving and prayer form three aspects of social action that your children will learn about over Lent.

In Religious Education classes the students will be examining the stories of people whose lives can be dramatically improved with this support. They will consider what they could give **up during Lent and put its value into the Project Compassion box.** (For example, ice blocks or chips at the tuckshop, buying Apps, new toys, soft drinks, lollies or chocolates just to name a few.)

We ask that all boxes be returned to school in Week 1, Term 2.

We thank you for your support in this project.

Yours Sincerely

Mrs Patrece Maxwell

Religious Education Coordinator

Mrs Katie Thompson Assistant Principal